



# MOBILE TREATMENT POINTS (MTP)

ICF «Alliance for Public Health»





MTP is an effective mechanism for providing medical and humanitarian services to people living in territories where there is no or non-working/ destroyed/damaged health care infrastructure and/or there is no access to medical services, doctors and medicines (including through the system «Available drugs' that are provided by the state) as a result of a full-scale invasion.

Each MTP team uses three mobile vans. MTP teams are using tough road capable large cargo vans (with dual rear wheels and additional equipment for on-road emergency). Two of three vans are re-equipped in mobile clinics that have autonomous heating and AC, autonomous long-lasting electrical supply, have water sink and fridge. The clinics have two separated fully equipped rooms with separate entrances to serve two flows of patients.



# 1.

The first clinic is used for the work of family doctors: examination and consultation on basic medical issues, prescribing treatment and issuing the necessary drugs for a period of 30 days, if necessary. The car is divided into two separate zones, where two doctors can see patients at the same time.





## 2.

The second one is used as examination, sample collection and mobile lab. The car is divided into two separate zones. In the first zone, portable lab equipment (blood analyzer) is located and basic diagnostics can be performed if requested by doctor.

The second zone is equipped with an examination couch and some diagnostics equipment: cardiograph, glucometer, tonometer, rapid tests for viral hepatitis, HIV and SARS-Covid-19. All necessary diagnostics are carried out after a doctor's examination and according to request of the doctor.





### 3.

The third van is intended for the distribution of home first-aid kits and humanitarian aid: food products, hygiene products, household chemicals, warm clothes for children and adults, baby food, toys for children. It is also used for transportation of additional medical equipment, tents, generators, medicine, etc.





MTP team works every second week for six days, two days for arrival and departure to the base location, one day for preparation and three full days in the field operations. In general, during one day, one team can examine and dispense medicine to an average of 70 people. The team also distributes about 150 home first-aid kits and food and hygiene packages (one for family) and up to 600 people can receive other humanitarian aid (clothes for adults and children, blankets, toys, etc.)

The MTP works closely with local authorities and military administrations to identify the locations and communities most in need of medical and humanitarian services, assess the needs for the particular visit and to avoid duplication of efforts by partners, as well as to ensure the safety of MTP project personnel. Priority is given to communities where there is no availability or complicated access to medical care, no functioning health system infrastructure, no medical personnel, no pharmacies.



# MAIN RESULTS

## Kharkiv



**34**  
trips



**50**  
settlements

Since December 2022, the team has made **34 trips** (1 trip = 1 working day in the field) to **50 settlements** in the Kharkiv region.







**During this time we managed to:**



Family doctors provided consultation and dispensed the necessary medicines to **more than 2,000 people**;



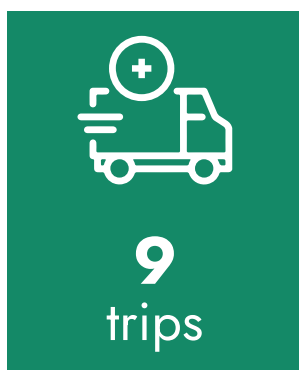
**3,500 families** received an individual home first-aid kit with basic medicines;



**About 200 people** for the first time in the last year had a cardiogram and **150** measured their blood glucose level;



**More than 30 tons** of humanitarian aid were delivered: food and hygiene kits, warm clothes for adults and children, blankets, children's toys and books, and even animal feed.



# Kherson

Since April 2023, the team has made **9 trips** (1 trip = working day in the field) to **16 settlements** in the Kherson region, including Kherson city.





Doctors provided consultations on basic medical issues, prescribing treatment and issuing the necessary medicines to almost 700 people;



More than 1,300 families received an individual home first-aid kit with basic medicines;



About 400 people for the first time in the last year had a cardiogram and 75 measured their blood glucose level;



More than 3 tons of humanitarian aid were delivered: food and hygiene kits, warm clothes for adults and children, blankets, children's toys and books, and even animal feed.



# SOCIAL NETWORK STORIES

**Independent journalist and documenter Lily Hyde joined MTP teams during their visits to Kharkiv and Kherson regions. As a result, she wrote a story about one of her visits.**



## 1.

*“Over 1,300 medical facilities have been damaged or destroyed in Ukraine since Russia’s full-scale invasion. In some occupied areas, people have had little or no access to medicine since March last year. Retreating Russian forces looted clinics and hospitals, leaving only empty buildings. Mined territory, destroyed roads, buildings, and ongoing shelling all stand in the way of restoring healthcare infrastructure in liberated areas.*

*Mobile clinics or treatment points (MTP) were introduced by APH to meet this humanitarian need. Small teams of general practitioners and nurses visit villages in liberated south and east Ukraine, bringing basic medical services to people who, despite efforts to reinstate public transport and services, are still isolated from care and support.*

*The project, begun in December last year, is an example of rapid adaptation to emerging and changing needs. APH repurposed vans already in the organization’s service, while volunteer drivers came from a pool delivering humanitarian aid in APH vehicles all over the country since March 2022.*

*The first step was to establish relations with local authorities, heads of towns and villages, and volunteer groups to ensure access to areas with the most need. Coordination with local NGOs and volunteers allows the*



*project to combine health and humanitarian aid and optimise delivery: the vans bring to villages not only medics and a mobile space for consultation, cardiograms and measuring blood pressure and blood sugar levels, but also clothing, food and hygiene packages and home first aid kits which can be provided by other organisations but distributed by APH. With high risk of shelling of public spaces, people in frontline areas are afraid to gather in large groups for extended periods. Combined mobile delivery means they can collect aid and get health support quickly in one go.*

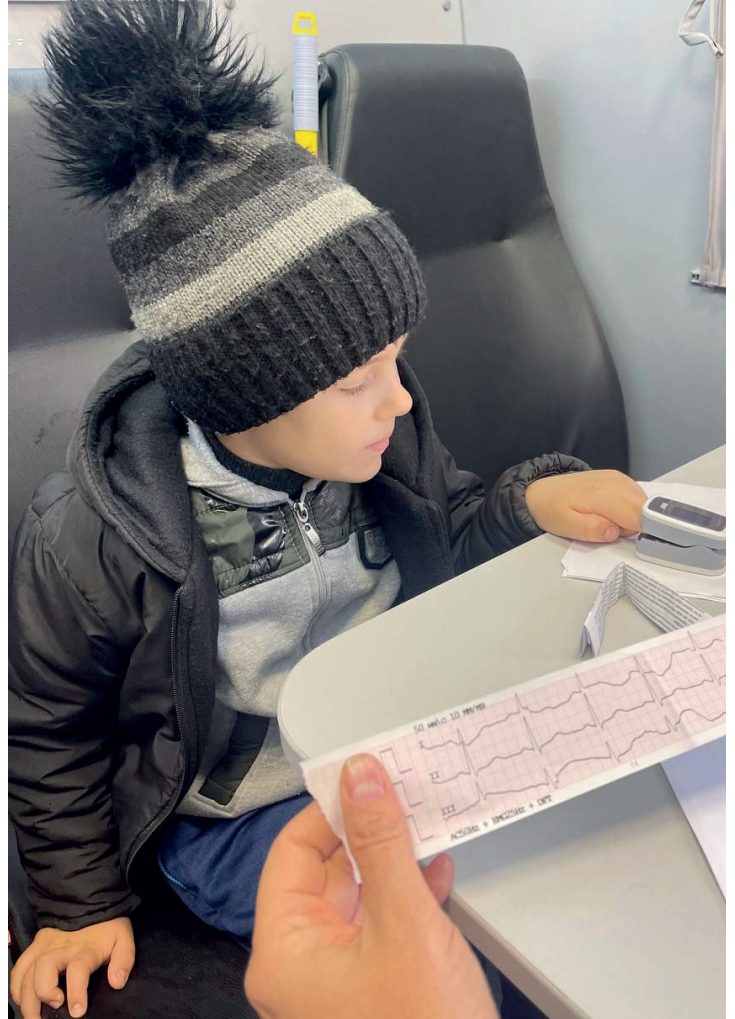
*Pharmacies and first aid centers are slowly reopening in some liberated settlements. But locals who have lost all income do not have funds to buy medicines, or internet to order free government prescriptions, while lack of public transport makes a trip even to a neighbouring settlement difficult. Other volunteer groups are also distributing some free medications; the medics with the MTPs*

*can offer much-needed advice about their use and dosage, or suggest follow-up diagnostics and treatment.*

*“People are happy when we come because we can provide a minimum consultation,” says general practitioner Volodymyr. Volodymyr was forced to flee Oleshky in Kherson oblast last spring, leaving his practice behind. Now he offers consultations and primary treatment to people in liberated areas, while his own hometown remains under occupation. “There are lots of traumatised people here. Depression, stress, worry, especially among older people, and chronic illnesses getting worse.”*

*Since December, more than 5,000 people in liberated areas of Kharkiv and Kherson oblasts have received consultations and free medications via the mobile clinics, which are funded by Christian Aid, GIZ and IRF.”*

*May 4, 2023*



## 2.

### **Eights trip to Kharkiv (March 22-24, 2023)**

*"In his hometown of Pidvysoke, Izium district of the Kharkiv region, there have been no doctors for more than a year. Thus, Yuriy has no one to complain about his health. Our mobile clinic was the first opportunity for many months to finally visit a doctor for a long-awaited examination. Just had a blood test for sugar level, and its result was a shock for both the patient and the doctors: 31.9 mmol/l, while the norm range is 7.2 mmol/l. Such an indicator is a direct threat to life. And the man was lucky that he managed to reach the doctors precisely at this critical moment. He was prescribed a course of treatment and immediately given the necessary medication.*

*Yury's fellow villager Mykhailo was brought to the mobile clinic by his worried wife. He insisted that he was fine and that nothing was bothering him. But already when measuring the pressure, it turned out that the indicator was dangerously high - 240/110. Doctors immediately provided help, lowered the pressure and prescribed treatment.*

*There are many such cases during each trip. People with chronic diseases and in constant stress do not have access to doctors and medicines."*



# 3.

## Third trip to Kherson (May 3-5, 2023)

*“During this trip to Kherson, we even invited two cardiologists to the MTP team, who provided professional consultations.*

*Special thanks to the team of Odesa Regional Hospital for this opportunity. A few days before departure, they were able to reorganize work there so that they could send two of their doctors with us to Kherson. Strong collaboration with Department of Health of the Kherson region gives us the opportunity to respond to urgent needs”.*









## 4.

### **First trip to Kherson (April 5-7, 2023)**

*“The road from this village leads nowhere, only a few dozen people live here, and the only local child was born during the Russian occupation six months ago. Vitrove is one of the many villages of the Kherson region through which the war took place. This is one of those heroic Ukrainian villages that desperately fought for their freedom, and people greeted us with nothing but «Glory to Ukraine!».*

*Now this is one of the villages of the de-occupied Kherson region, where our MTP team is working.”*





Твій сімейний  
лікар



We help our people.  
We support every community  
and every Ukrainian citizen in it.  
We all must withstand.  
We all must win.

