

Capacity Development for Quality Assured Gender Sensitive Harm Reduction Interventions in Ukraine



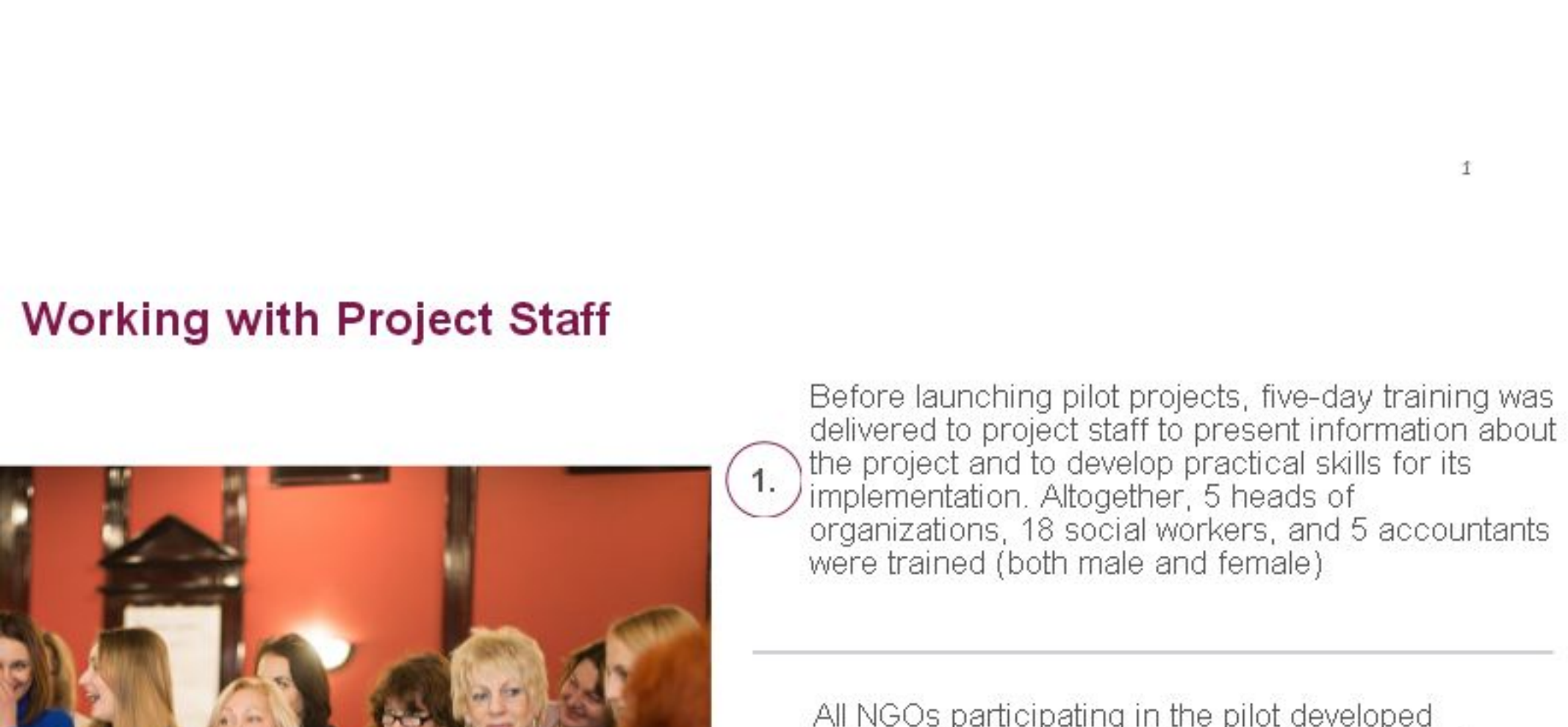
First Results

<http://www.aph.org.ua/project2>

Since February 2016, five ProfiGender pilot projects have been launched in five cities of Ukraine

Ensure equal access of women and men to HIV prevention and treatment services Duration: February – December, 2016

Change the method of service delivery and communication with female and male clients of HR projects by changing approach to interaction with them



- "Coming Back to Live" CF, Kirovohrad
- "Convictus Ukraine" ACO, Kyiv
- "The Way Home" CF, Odesa
- "Public Health" CF, Kryvyi Rih
- Khmelnytskyi Oblast Drug Abuse and AIDS Association "Victoria", Khmelnytskyi

Working with Project Staff



1. Before launching pilot projects, five-day training was delivered to project staff to present information about the project and to develop practical skills for its implementation. Altogether, 5 heads of organizations, 18 social workers, and 5 accountants were trained (both male and female)

2. All NGOs participating in the pilot developed gender-sensitive policies and procedures and introduced them to staff. Those documents will help organizations implement gender-sensitive approach in provision of prevention services to various groups of clients.

3. A supervision system was launched. Supervision includes group work with NGO staff to analyze the work done, challenges in interactions with clients and colleagues as well as professional and psychological support of project participants

Working with new male and female clients

Working with PWID couples: counseling, referrals Coverage in March-May 2016:
New female injecting drug users – 1024
Partners of PWID – 75
Couples – 75

The project allowed reaching new groups of female injecting drug users, who were previously not covered with prevention services:

Category:

- Young party goers
- Women after long remission, aged 45-50
- Female partners of regular clients
- Female migrants

Peculiarities of the group:

- Do not think they are drug dependent, take money from parents, have night lifestyle, creative thinkers
- Have families, are employed, reserved, have non-PWID partners
- Depend on their partners, have low self esteem, have small children
- Have emotional breakdowns, lack information

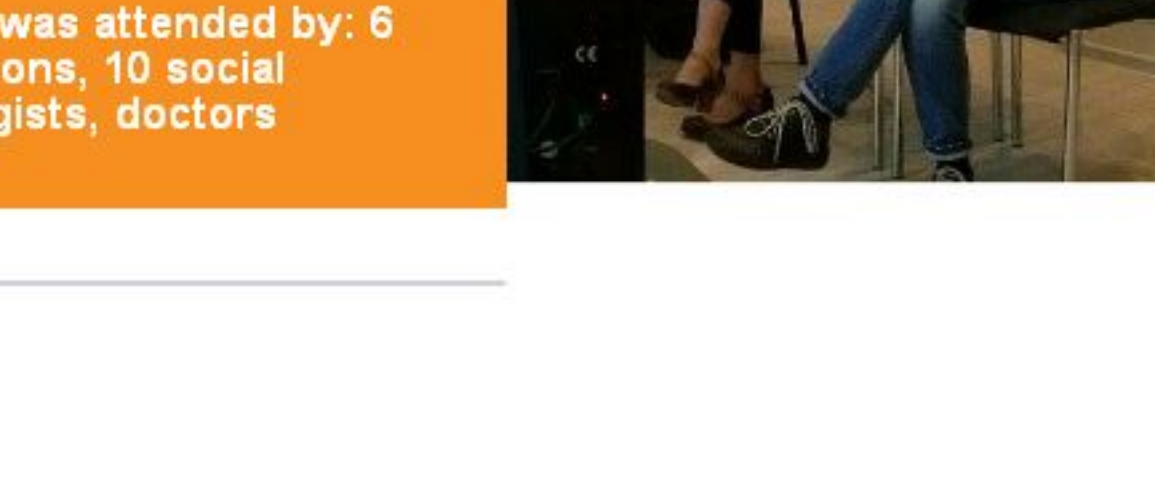
Psychosocial Game "Me-New" Within the Project

The game helps to:

- Develop skills to cope with stress;
- Develop knowledge and skills in conflict prevention and resolution (using different strategies: competition, avoidance, compromise, mitigation, confrontation);
- Overcome stereotypes in interactions and communications;
- Develop self-support system and internal resources;
- Develop assertive behavior (satisfying one's own needs with respect to other people);
- Learn about existing services in HR programs
- Disperse myths about OST



The game is conducted by the professional psychologists and social workers provided by Alliance for Public Health



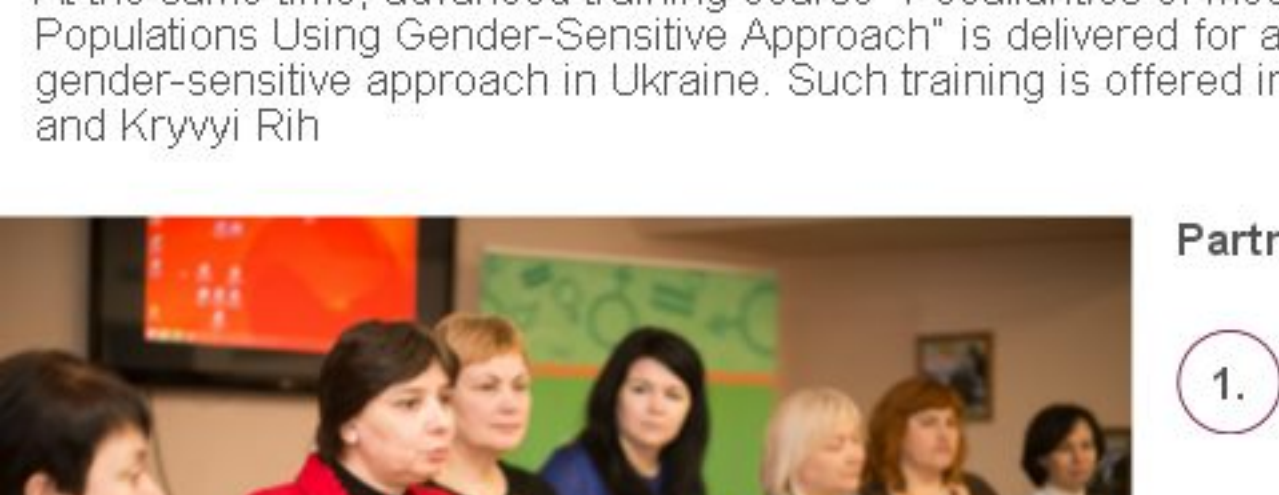
During the period from March to May 2016, 47 people took part in the game

"We received very positive feedback on the game. Almost all our female clients underlined the fact that the game really helped them to open up, sort out their feelings and just talk to each other, which is what they were really missing. Some clients say they would like to play the game one more time." (Kirovohrad)

A children's area has been equipped for female clients who come with children

New female clients are engaged as volunteers of the organization

Success Stories



In the course of the project we learned to see the client, first of all, as a person, as an individual, and not just as a member of some vulnerable group.

Khmelnyskyi

One of the couples from among IDPs from Donetsk oblast took part in the project. When they found themselves in difficult life circumstances, in another city, with no friends or connections, they were really surprised with the fact that they could get qualified consultations, take part in the project, for the first time in their lives get tested for HIV and hepatitis C, become clients of a HR program, which they have never heard about before. Plus they have a permanent need is new equipment. As a result, this couple brought two more couples who are also IDPs and who knew nothing about HR programs.

Kirovohrad

Six female clients found jobs. Two female clients enrolled into the OST program.

Odesa



There were personal changes in the lives of our female clients: their confidence and self-esteem improved, they got motivation to take care of themselves, they want to find jobs and some of them wish to implement the knowledge obtained in prevention activities within the NGO projects.

Kryvyi Rih

Implementing Gender Approach in OST Programs

Duration: April – September, 2016



Three-day training was attended by: 6 heads of organizations, 10 social workers, psychologists, doctors

Implemented by:

- Odesa TB Treatment Clinic
- Socioterapy Clinic, Kyiv
- Kirovohrad Oblast Drug Treatment Clinic

Activities by categories:

Mentoring Support
A female mentor who is an old female client helps mentees (potential or new female OST clients) to adjust to the OST program

"The mentor suggested to discuss the topic "On the rights of PWID" with the mentee and even initiated a special event dedicated to this topic for all interested clients of the OST project"

Kirovohrad

Informing couples
A coordinator informs couples about the OST program, the services available and the importance for the woman to take part in the program, facilitating woman's enrolment

In April-May 2016:
Female mentors trained – 11
Couples informed – 8
Counseling sessions delivered – 29
Additional services provided – 10

Counseling on the relevant topics
Within this component, trained counselors (social worker, nurse, psychologist, etc.) provide counseling to OST clients on the topics relevant to them. All counseling sessions take into account specifics of the OST patients, are based on gender-sensitive approach and themes of the educational modules

Additional services
At least one gender-sensitive service from the list of gender-sensitive services is provided within the OST program (club of interest, bank of child clothes, group of self-help etc.)

Advanced Training

At the same time, advanced training course "Peculiarities of Medical and Social Services for Vulnerable Populations Using Gender-Sensitive Approach" is delivered for advocacy and large-scale implementation of gender-sensitive approach in Ukraine. Such training is offered in Kyiv, Odesa, Khmelnytskyi, Kirovohrad, and Kryvyi Rih

Partners:

1. Institute of Social Work and Management of the Dragomanov National Pedagogical University
2. Ministry of Social Policy, Department for Family, Gender Policy and Anti-Trafficking in People, Social Orphanhood Prevention Unit

In the period from February to May, 2016:

Advanced training was provided to 100 participants:

- 50 male and female staff members of NGOs
- 33 male and female staff members of the Centers of Social Services for Family, Children and Youth
- 17 representatives of HCFCs

After finishing the course all listeners will receive Advanced training diplomas or advanced training certificates

"I started paying attention to my client during counseling sessions, thinking what services I may offer to this particular client"

"I learned about the changes in governmental authorities and de-centralization. Now I understand what gender sensitive approach is much better"

"Now I think much more about stereotypes"

Khmelnyskyi

"All the knowledge received improves the quality of work in my sphere. I will be glad to apply the skills and knowledge obtained in practice"

Kryvyi Rih

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