HRA
Harm Reduction Academy

3 MODULES:
UKRAINE, KENYA, MALAYSIA

PROGRAM DURATION:
3 WEEKS IN COURSE
OF 6 MONTHS

Photo: @ Yaroslav Kostyuk

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What is Harm Reduction Academy?

Harm Reduction Academy is a global learning, dialogue and skills building course established with the vision to end AIDS and Hepatitis C among people who inject drugs.

Inspired by the successes in response to the HIV epidemic in some of the most challenging settings, contrasted by the emergence of injecting drug use-driven epidemics in new settings, the course combines decades of practical experience and most recent developments in effective and impactful responses.

We have formed a partnership of leading program developers and lecturers, individuals from inside the drug using community, and clinical experts to conduct a practical learning course on harm reduction – Harm Reduction Academy – in diverse drug using contexts and response modalities.

Over the course of six months, three exciting weeks will be dedicated to lecture hours, combined with practical field visits to three countries in Europe, Asia and Africa. Course participants will learn:

- how to evaluate the needs of a given drug using community and how to effectively develop response programs;
- which interventions and their combinations have the highest capacity to impact the epidemics in the given context;
- how to allocate the scarce resources most effectively with maximum health and social outcomes;
- how to reach drug users and motivate behaviour change and link drug users to key medical services in ways that ensure adherence.

Feedback from our students

“I work in harm reduction because Kenya Red Cross is all about saving lives, and I believe harm reduction is also about saving lives. Really impressed me most in this Harm Reduction Academy is that you see everything in reality, so it is so easy to implement because you have seen it elsewhere.”

Khalda M. Mohammed
Kenya Red Cross Society

“... at EURONPUD we fight for the rights of people who use drugs, and protect their health. What impressed me most about Harm Reduction Academy have been a wide comprehensive range of harm reduction interventions we have been able to cover. Having done the Academy when I return I am going to be a lot more assertive about how I go forward strategically and implement harm reduction in our strategic thinking as we move forward as a movement.”

Mags Maher
EURONPUD
Cycle structure

**Module 1.** Harm reduction: principles, components, services

Kyiv, Ukraine | 5 days

**Module 2.** Evidence based programming: monitoring, evaluation, research

Mombasa, Kenya | 5 days

**Module 3.** Policy: environment, resource mobilization, advocacy, community mobilization and empowerment

Kuala Lumpur, Malaysia | 5 days

Unique to the Harm Reduction Academy

1. **International Harm Reduction Scope**
   
The program embraces three regions and provides the opportunity to learn from harm reduction in Europe, Asia and Africa. Our local partnerships ensure insider’s access to learning and field work in Ukraine, India and Kenya. Diversity of the drug using and implementation scenes leads to the conclusion about the similarity of issues faced by injecting drug users in different settings and how the universal logic of harm reduction can be applied in diverse contexts.

2. **Uniting Theory and Practice**
   
The Academy provides a unique opportunity of learning both the theory and practice of harm reduction through lectures combined with field visits to organizations providing harm reduction services in the three countries hosting the modules. The participants will learn about various drug scenes, response programs, interventions linking prevention and treatment, and will have the opportunity to interact with drug using communities, service providers and key stakeholders.

3. **Decades of Experience in 3 Weeks**
   
The Academy is anchored by more than 15 years of successful experience in planning and managing large HIV, tuberculosis and hepatitis C programs for key populations at risk. Our lecturers are international experts who have field experience in the creation, implementation and evaluation of harm reduction programs. Their leadership and commitment will inspire and motivate the participants to plan big and ambitious targets and to achieve durable outcomes.
This course is designed primarily for representatives of international, national and local organizations who implement and support harm reduction programs. This includes principal organisers of programs providing services to people who use drugs or those who have just started working with people who use drugs and who are the target group for HIV, TB and Hepatitis C treatment and prevention programs.

By the end of the course, participants will be able to:

- Successfully justify their harm reduction approach
- Understand the technologies and logic of harm reduction programs
- Know the quality standards for harm reduction and how they can be implemented in different contexts
- Know how to plan their own comprehensive harm reduction program
- Know how to build up linkages between prevention, care and treatment in harm reduction programs
- Decide on the types and number of commodities and harm reduction materials required for harm reduction programs
- Understand all the components of a successful harm reduction program
- Understand methods of monitoring and evaluation for harm reduction programs and how they can be applied in practice

- Understand the key principles of budgeting and managing of a harm reduction program
- Understand methods and approaches for community mobilization and empowerment
- Analyse the program in different contexts and be able to provide specific recommendations on its improvement

**Duration:**
120 hours (5 days for each module • 3 modules)

**Locations:**
Kyiv (Ukraine), Mombasa (Kenya), Kuala Lumpur (Malaysia)

**Fees:**
3500 USD for course attendance (3 modules). Not included: flights to Ukraine, Kenya and Malaysia and accommodation at sites, per diems, meals or incidental expenses.

**Scholarships:**
will be available to the most distinguished candidates. In order to apply for a scholarship, please mention that in the application form.

**Languages:**
the course is available in English.
Module 1.

Harm reduction: principles, components, services

The theoretical part of the module will be looking at the planning of harm reduction programs.

THEORETICAL PART:

- Key principles of harm reduction and quality standards
- Pragmatic approach to harm reduction
- Effective outreach approaches that reach out to most clients and those hardest to reach
- Components of harm reduction programs: NSP, OST, HTC, ART
- Hepatitis C prevention, diagnostics and treatment
- Budgeting and managing harm reduction programs unit cost
- Tuberculosis prevention and treatment

FIELD VISITS:

- Drug scene
- Methods of outreach
- Opioid substitution therapy program
- Gender sensitive programs
- Case management intervention linking prevention and treatment
- Drop in centre
Module 2.

Evidence based programming: monitoring, evaluation, research

The theoretical part of the module will be looking at community mobilization and community empowerment components and monitoring and evaluation.

THEORETICAL PART:

- Theory of change behind harm reduction
- Modern tools of programme monitoring and evaluation used for measuring the success of harm reduction programs
- Research in harm reduction

FIELD VISITS:

- Drug scene
- Methods of outreach
- Opioid substitution therapy program
- Case management intervention linking prevention and treatment
Module 3.

Policy: environment, resource mobilization, advocacy, community mobilization and empowerment

The theoretical part of the module will be looking at key issues of harm reduction program context and management.

THEORETICAL PART:
- Resource mobilization
- Personal profile of leadership
- Political context
- Working with media
- Policy
- Advocacy
- Community mobilization and empowerment

FIELD VISITS:
- Drug scene
- Methods of outreach
- Opioid substitution therapy program
- Case management intervention linking prevention and treatment
- HIV testing for PWUD
- Gender sensitive programs
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